

## Your Illness is a very small part of you.

You are an individual with a unique personality, talents, and skills which are valuable to yourself and others.

# COMPREHENSIVE COMMUNITY SERVICES (CCS) PROVIDER DIRECTORY



### CCS Frequently Asked Questions (FAQs)

#### What Is CCS?

CCS is a Medicaid program offered by Milwaukee County that focuses on helping individuals with mental health and/or substance abuse conditions recover from their illnesses and obtain their personal goals and life vision. The program is available for both children and adults residing in Milwaukee County.

#### What Can CCS Offer Me?

The CCS program offers a wide range of services and service providers that you have the ability to choose from. It is your right as a CCS participant to be informed of all of the services available to you and to have the opportunity to pick and choose what services and services providers you would like to receive services from.

#### How Long Will It Take Before I Start Receiving Services?

From the date that you sign the initial CCS service application, you have 30 days to complete the enrollment process and start receiving CCS services. How fast the enrollment process occurs is really up to you and how quickly you are willing to work on enrolling. If you have pending obligations that may impact your ability to complete your CCS enrollment in the next 30 days, we ask that you address your obligations first and start the enrollment process at a later date and time that works better for you.

#### What Is A Care Coordinator?

The CCS Care Coordinator (CC) is your primary point of contact after you complete the Intake Process and are found eligible for CCS. Your CC is the member of your Recovery Team who helps you identify your goals, helps you figure out the best ways (via services, providers and natural supports) to accomplish those goals and maintains contact with you in order to be ensure you are happy with your team and progressing toward your ultimate life vision. You have the opportunity to select which agency you would like to receive care coordination services from, as long as that agency has current availability.

#### My Care Coordination Agency Offers Many of the Services I Want...

If you would like to receive all your services from one agency, it is your right to do so. We just want you to be aware that the CCS Provider Network is large and offers many specialized services outside of what your care coordination agency may have available. When entering the CCS program, we strongly encourage CCS participants to review the CCS Provider Directory so that they are aware of what services and service providers are available to them.

#### What If I'm Seeing a Therapist Who is Not in the CCS Network?

Unfortunately, if you are receiving psychotherapy services, the CCS program requires that you see a therapist in the CCS network. If you are not sure if your therapist is in the CCS network please ask your CCS intake and/or care coordinator.

#### How long can I be in CCS?

As long as you have Medicaid, and continue to meet the functional and diagnostic eligibility requirements of CCS, you can continue to participate in the program as long as you would like. Once found eligible the CCS program your care coordinator will re-evaluate your eligibility on a yearly basis.

#### What If I Don't Want to be in CCS anymore?

CCS is a voluntary program. This means you can stop participating at any time. If you are no longer interested in being in the CCS program, all you have to do is let your care coordinator know. It is important for you to be aware that if you don't inform your care coordinator that you are done participating in CCS services, they have to try contact you for up to 90 days after you stop communicating with them. This may include phone calls, home visits, etc. This is a lot of work for them and may become annoying for you. If you want to leave CCS, it is your decision and we respect that. Please let your care coordinator know if you no longer want to be in the program.

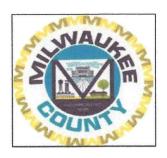
#### I Left the CCS Program, but I want to come back in?

As long as you continue to meet the eligibility requirements for CCS, you can reapply to participate in the program at any time.

#### CARE COORDINATION

The CCS Care Coordinator (CC) is your primary point of contact after you complete the Intake Process and are found eligible for CCS. Your CC is the member of your Recovery Team who helps you identify your goals, helps you figure out the best ways (via services & providers) to accomplish those goals and maintains contact with you in order to be sure that you are happy with your team and progressing towards your ultimate "Life Vision."

PROVIDER	ADDRESS	PHONE	HOURS	ADDITIONAL LANGUAGES	MALE CC'S	FEMALE CC'S	OFFERS IPS EMPLOYMENT & EDUCATION SERVICES	SPECIALITY SERVICES/NOTES
Alternatives in Psychological Consultation (APC)	6737 W. Washington St., Suite 1325 Milwaukee, WI 53214	(414) 763-7170	M-F 8:00am-5:00pm; Sat 9am-4:00pm	Hmong & Spanish	X	X	YES	
Broadstep	3090 N. 53rd Street Milwaukee, WI 53210	(414) 921-4202	M-F 8:00am-4:00pm		X	X	YES	
Guest House of Milwaukee	1216 N. 13th Street Milwaukee, WI 53205	(414) 316-2019	M-F 8:00am-4:30pm	Hmong		X	YES	
Jewish Famil Services (JFS)	1300 N. Jackson St. Milwaukee, WI 53202	414-390-5800	M-F 8:30am-5:00p		X	X	YES	
Milwaukee Mental Health Associates	3975 N. 68th Street Milwaukee, WI 53216	(414) 461-4530	M-F 8:00am- 4:30pm		X	X	YES	
Outreach Community Health Centers	711 W. Capitol Drive Milwaukee, WI 53206	(414) 374-2400	M-F 8:00am-4:30pm			X	NO	
Professional Services Group	1126 S. 70th Street, Suite N208 Milwaukee, WI 53214	(414) 881-4571	M-F 8:30am-4:30pm	Spanish	X	X	YES	
Project Access	823 S. 60th Street Milwaukee, WI 53214	(414) 456-1155	M-F 8:00am-4:30p	Hmong	X	X	YES	
Sirona Recovery	111 W. Pleasant Street, Suite 202, Milwaukee, WI 53212	(414) 908-0283	M-F 8:00am-4:30pm	Hmong		X	YES	Specializes in serving individuals involved or previously involved with the criminal justice system
Sixteenth Street Community Health Center	1635 W. National Ave. Milwaukee, WI 53204	414-519-1432	M-F 8:00am-4:30p	Spanish		X	YES	
Whole Health Clinical Group	932 S. 60th Street Milwaukee, WI 53214	(414) 476-9675	M-F 8:00am-4:30pm; Sat and Sun by appt ONLY	Hmong	X	X	YES	Agency offers integrated physical and mental health services intending to treat the entire person
Wisconsin Community Services	3732 W. Wisconsin Ave., Suite 106 Milwaukee, WI 53208	(414) 343-3526	M-F 8:00am-4:00pm	Spanish	X	X	YES	



# Milwaukee County Comprehensive Community Services

#### **CCS Basics**

- \*CCS is a flexible opton for individuals who are looking for extra support in their recovery journey
- \*Meeting times and schedules are not fixed and can be adjusted based on the individual's desires and needs (ex. We don't require people to see us "x" amount of times per week)
- \*CCS is one of the few programs that can work in conjunction with Family Care (Family Care focuses on physical needs and CCS focuses on recovery from MH and Substance Abuse)
- \*The CCS network was designed to give consumers access to a wide range of services (many of which are not available via other programs) to help build skills and develop as many tools as possible to improve their quality of life and obtain personal goals
- \*Individuals can select from as many services and providers they want
- \*CCS is a voluntary program, meaning if someone doesn't want to be in it, all they need to do is let their care coordinator know and the CC can disenroll them easily. Individuals can always reapply (if they meet eligibility and decide they want to be in the program in the future)

#### Some of the services available in the network:

Health and Fitness Education
Nutrition Cunsultants
Art Therapy
Healthy Cooking and Nutrition
Equine Therapy (horse therapy)
Substance Abuse Treatment (in-home or clinic based)
MD and APNP prescriber services for medication management
Employment and Education Specialists
Housing Specialists

Spiritual care and reconnection
Financial coaching
Social skills and assertiveness training
Therapy (in-home or clinic based)
Art and Music Therapy
Yoga/Meditation
Dance/Movement Therapy
Parenting coaches

Guided Meditation/Relaxation

Peer Support - Indivudals who have experience with living with a mental health or substance use condition (or both)

Use of gardening, horticultural and nature based therapies to support recovery

Navigating Social Security Benefits

Ready access to Diagnostic Evaluations for Eating Disorders, Neuropsych Evaluations, and additional testing to clarify diagnoses (testing related to autism, intellectual and learning disabilities not available)